



FRATERN SER



A PUBLICATION OF THE ASSOCIATION OF SEVENTH-DAY ADVENTIST OPTOMETRIST (ASDAO)
Vol 52 No. 4 www.sdaoptometrists.org May 2011

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ASDAO 2011 CONVENTION JUNE 15-20 LOUISVILLE KY

Welcome to the River City! Plans are underway for a fun gathering for all who attend the upcoming conference in beautiful Louisville, Kentucky. Below is a tentative schedule and as you can see there are lots of activities, but plenty of free time to explore the city and all that Louisville has to offer. We look forward to seeing each of you soon. Please be sure to r.s.v.p. so we can make adequate arrangements for each event.

Wednesday – June 15

Evening: **Registration** 3:00pm – 9:00pm
Holiday Inn Express

Please be sure to register early for your hotel accommodations at the Holiday Inn Express Hotel located at 1620 Alliant Avenue, Louisville, KY. .

Shakespeare In the Park – Downtown Louisville, Central Park (4th Street & Central)
7:00pm (Taming of the Shrew – tentative)

Thursday – June 16

Morning: **Continuing Education “Ocular Jeopardy”**
(2 COPE Credits)

Dr. Lee S. Peplinski, OD, FFAO

9:00am – 11:00am – Middletown SDA Church, Education Wing

Dr. Peplinski has recently returned from a mission trip to Belize and is looking forward to speaking to the ASDAO doctors on Thursday morning. His presentation, “Ocular Jeopardy” will be a case presentation/grand rounds format with lots of audience participation & interaction.

Afternoon: **Day at the Downs**

Enjoy the afternoon at the world-renowned Churchill

Downs. This includes the Derby Museum and a tour of the racetrack.

Evening: **Auxiliary Banquet and Auction**

Friday – June 17

Morning: Louisville Slugger Museum and Bat Factory

Evening: Dinner and Vespers/Sacred Concert – Middletown SDA Church

Saturday – June 18

Morning: Sabbath School/Church & Lunch – Middletown SDA Church

Afternoon: Louisville Zoo

Evening: Dinner & vespers hosted by Louisville 1st SDA Church (tentative)

Sunday – June 19 (A day that will make dad happy!)

Morning: Golf – Wissinger Hills, Simpsonville, KY

Evening: Louisville Bats baseball at the beautiful Louisville Slugger Field.

Monday – June 20

Morning: Travel home

REGISTRATION FORM ON PAGE 4

(Please detach and mail to Liz Muhlenbeck, 2014 Waldner Court, Crestwood, KY 40014 or email: lbmuhlenbeck@yahoo.com)

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I have just returned home from the General Conference Health Ministries Advisory meetings, March 27-31, 2011, Seventh-day Adventist Headquarters, Silver Springs, Maryland.

Medical reports were given as to the health threats coming on the world. Spiritual influences were very good with Dr. Allan Handysides, Dr. Peter Landless, Dr. Fred Hardinge and others giving challenging talks.

The growing Health threat to the world today is mental health including depression and obesity. Sixty percent of U.S. will be diabetic in 2040 and there will not be enough money to care for the crisis. Prevention is what is needed in the world and the SDA church has a big part to play. Many years ago what we call the Health Message was given by Sister Ellen G. White. If this list of health principles were followed the world would be a more healthy place. Nutrition, Exercise, Good rest, Lots of water, Temperance in moderation, Fresh air, Sunshine, Faith in God.

Bob Butler requested optical equipment for Heri Hospital in Tanzania. I meet Bob at the HCHMA meeting. Bob stated to me that two of Braam Oberhalster's group made it to Heri Hospital with the ophthal-

moscope and retina scope. I gave

him a binocular indirect ophthalmoscope with three condensing lenses schiotz tonometer, cross cylinder and examination loupe. These things came from my office and were used but in good condition

I met Christopher Drasbek from Pan American Health Organization (PAHO) and I ask him about Vision Care. He told me he was not in charge of VC but he would e-mail my name to Dr. Silva who was in charge of VC for PAHO. As of now I have three communications with him. He said if I had an interest in VC he would invite me to his meeting. I will pursue this opportunity not only for eye care but for our church.

I received many invitations to go to various parts of the world. One was from Dr. Alex Llaguno, Health Ministry director, Southern Africa-Indian Ocean division. The tour includes South Africa, Lesotho, Swaziland, Malawi and Blantyre Adventist Hospital Vision Clinic.

I sent 9 dozen pair of reading glasses back to Africa with Dr. Oscar Giordano who is director of HIV/Aids international ministry. They are to be used in rehabilitating aids patients.

The feeling about optometry is good. Many hospitals around the world could use optometrists, but they just don't know how to employ them. Making friends at the division level will do a lot to promote Optometry in our church. I appreciate the opportunity to witness for Optometry in the Health Ministry department

**PRESIDENT
ROLLAND'S**



Rolland Stickle, O.D.
ASDAO President

This being my last chance to harass "you all" from this lofty podium – let the harassment commence.

It is not that many weeks until we have 'Kick-off our Convention in Kentucky'. So it is time to start programming your GPS for Louisville or tracing the route in your sand-box, whichever method you prefer, to find your way.

One of the challenges of operating a massive International organization such as our ASDAO is the issue of assessing, coordinating and integrating ideas and projects of members so "thinly scattered" across the face of the earth. I know in this age of instant and faster than instant communication of all kinds, audible and visual, legal and illegal, black and white, colored and transparent, this should not be a problem – but somehow it still seems to be. What it boils down to is that we end up doing most of our philosophizing, plotting and planning during our annual convention. This is one reason why you need to be there and why we need you there. Next best – if you are under 'house arrest' and cannot be there – please let me know by telephone, e-mail, or smoke signal what you like to see on the agenda. What you would like to do at the convention, what projects you would suggest your association could add or delete or your ideas on how to promote our ASDAO and Optometry. Simply – how can our job be done better.

See you June 15 in Louisville.

Rolland Stickle, O.D.

**From the Auxiliary
President**



Carol Stickle, Auxiliary
President

Carol Stickle

Looking down at our garden today, I was surprised to

see the Cherries, Apples and Nectarines blooming. Now we are looking forward to having the fruit in July and August. But before that, in June we are looking forward to seeing you at our convention in Louisville, Kentucky. I am looking forward to spending time seeing the city along with visiting with you and I do hope you are planning to be there. Some of you we have not seen for quite a while. I hope that this will be the year you plan to attend, surprise us like the fruit trees did to me. We feel really blessed by living where we can have a lot of fresh fruit in the summer and we hope that you will feel blessed by joining us in Louisville. Auxiliary members do not forget your items for the auction, let's plan on having a lot of fun, even though we may have to buy something that we really do not need. The money we raise has helped in so many projects as well as bursaries. Carol

HAVE YOU MADE YOUR RESERVATIONS ????

The recently renovated **Holiday Inn Express® Hotel & Suites Louisville** is a top choice among travelers to the East Louisville area. Our hotel's Location is near the Louisville International Airport, the University of Louisville and Churchill Downs, and our location puts guests just minutes from the area's most popular destinations.



Of all the hotels in the Louisville metro, ours is hard to beat. Leisure travelers to our East Louisville hotel's facility enjoy being just a few miles from Six Flags Kentucky Kingdom, Louisville Zoo and the many downtown art centers and museums.

We are also just a few minutes from two great malls, the Mall St. Mathews and Oxmoor Center, which boasts nearly 100 stores and services.

Business travelers love being near Bluegrass Industrial Park and Hurstbourne Convention Center, not to mention the local headquarters of UPS, KFC, Ford, GE and Papa John's. Need a break from your meetings? Our East Louisville hotel's property is in close proximity to several golf courses.

Whether you're in town on business or vacation the **Holiday Inn Express® Hotel & Suites Louisville** East is the smart choice. Amenities like an indoor pool and spa, a fitness center and the free, hot breakfast bar make our East Louisville hotel's accommodations the best!

Rooms have been reserved at the Holiday Inn Express at 1620 Alliant Avenue. Rates per night are \$99.00 + 15.1% tax (double room). Reservations are being held under "ASDAO". You can book online at hiexpress.com/EXLOUISVILLEKY or over the phone (502) 240-0035

MISSION TRIP TO PERU BY DR. KARLIT WONG FROM RED DEER, AB, CANADA

Yvonne and I thoroughly enjoyed the trip. The trip was set for 11 days, but it took over 40 hours to get to Lima, Peru and took longer to get home. Minus two Sabbaths, we actually worked for only 5 days. But it was very busy.



Going to the trip, we had two family physicians with the group. For the optometry team we had 5 people, a translator for me as I don't speak Spanish. One student who speaks good Spanish to take VA and chief complaint. One student for drop dispensing and one student and my wife for glasses dispensing. For the first day of work, I tried to do the exams as comprehensive as possible and we ended up seeing 48/49 people, but we left a lot of people un-attended. The second day in another village, we tried to speed the process up and we managed to see 67 or so, but we had to turn away some. On the third day, we tried to streamline the operation and we did manage to serve over 77 people. On the way to another village



of the fourth day, we got the phone call that over 300 hundred people were already waiting outside the clinic, we decided that we could only do the Focused-Treatment process. We knew what their chief complaint was and we treated them accordingly. Fortunately, over 85 % were optical. We were able to take care of over 97 people that day. Still, we had to turn away people. On the fifth day, we only



worked till 1:30 p.m. as we had to drive back to Cusco that afternoon. We eventually examined and treated about 70 people that day. Again, we had to turn some away. The native are very gentle people. They lined up and waited for their turn. They did not push or shout. When they were told that we were sorry that we could not see them as we did not have the time, they just turned away without complaints. We wished that we could do more for them. We ended up dispensed over 300 pairs of glasses. I used up most of the medications I brought with me, the antibiotics, anti-inflammatory and moisture drops.



The hand-held autorefractor worked well. May I suggest that we should replace the retinoscope head. I could not use it at all. If possible, replace the ophthalmomoloscope head as well. It is very dim to look through it. People in Peru have dark brown eyes with small pupils. It was hard to try to find out what was going on at the back of their eyes and could not see much at all. A tono-pen will be a plus and we can sometimes find out their IOPs. A hand-held slim lamp will be great, but we can work with a 20D and Transilluminator so far.

Even we only met this group of people the first time, we felt so close to work together. Dr. Lorena and her husband, Pyron, wanted us to visit them in Costa Rica and I tried to invite them coming to visit our most beautiful Canadian Rockies. We really enjoyed the trip and we definitely will do it again, hopefully once a year. Certainly you can put my name on the list for mission trip. Mr. Ortiz told me that their next mission trip will be, possibly, in March next year, to Central America. I told him that we will consider it if we are available at that time. For the annual SDA convention in Louisville, KY, this year, we may not be able to come as we have other commitments near that time.

I would like to thank you and the SDA Optometry Association for organizing the equipment, glasses and the ophthalmic meds for the trip. Without such supplies, we would not be able to serve them at all.

Karlit

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Add your email address to this list.

Any and all corrections will be helpful. If your name is not listed, please send

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www.sdaoptometrists.org

Classified advertising is available to any member of ASDAO that has something to sell or is looking for something to buy. There is no charge for this and you may find one of our members out there that may be looking for what you have. Send any advertising to our webmaster, Dr. Dennis Benedict, email him at: dhbenedict@Yahoo.com.



**HAVE YOU MADE YOUR
RESERVATIONS? ? ?**

MISSION TRIP DOCTORS NEEDED

Mission projects for The Quiet Hour:
This year, Malawi, Africa August 5 -20, 2011
Next year, Tacna, Peru, June 15-30 2012
Contact Dr. Dennis Benedict
dhbenedict@yahoo.com

REGISTRATION FOR CONVENTION 2011 IN LOUISVILLE

If you haven't send Liz your registration for the 2011 convention, do so today She needs to know how many will be attending so she can make the proper reservations for activities. Also for the hotel, reservations need to be made. Thanks

**DR. LEE PEPLINSKI
EDUCATION SPEAKER**



Dr. Lee. S. Peplinski is a graduate of Ferris State University College of Optometry, having received highest honors. He received his post-graduate training at the Bascom Palmer Eye Institute in Miami, Florida. Dr. Peplinski joined Bennett & Bloom Eye Centers as a consultative optometrist in 1992, specializing in medical management of eye disorders, including glaucoma, dry-eyes and pre- and post-operative care.

Dr. Peplinski has been published in national optometric journals and has lectured throughout the country at various state, regional and national meetings. He has designed and patented a device to aid in the dispensing of eye drops. In 2001, Dr. Peplinski was honored as a Life Member of the National Registry of Who's Who.

Dr. Peplinski received his Fellowship from the American Academy of Optometry in 1993. He is adjunct faculty at the Indiana University School of Optometry and Southern College of Optometry and has served as assistant clinical professor for Ferris State University College of Optometry. He is currently on staff at Carroll County Hospital and Frazier Rehabilitation Center.

Dr. Peplinski recently served as president of the Kentucky Optometric Association (KOA). He was awarded the 1997 President's Award from the KOA and in 1995 was recognized as their Young Optometrist of the Year. He is the Optometric representative for the Kentucky Medicare Carrier Advisory Committee, has been appointed as a Clinical Associate Professor, Ohio State University College of Optometry, and was a charter member of the Kentucky Medicaid Region 3 Council Board of Trustees.

**ASDAO DUES
July 1, 2011 thru
June 30, 2012
each year**

O.D. Dues	35.00
Auxiliary Dues	10.00
1st Year Grad	10.00
2nd Year Grad	10.00
Optometric Student	1.00

We need your support in both financial and by being active in ASDAO to help continue carrying on Gods' work for optometry.

Also donations are needed for the mission projects and trips that the ASDAO has planned.

Send your dues and donations to:

Eddye Benedict
ASDAO Treasurer
5600 Horton Rd.

**FUTURE AOA
CONVENTION DATES**

2011 Salt Lake City, UT	June 15-19
2012 Chicago	June 27-July 1
2013 San Diego	June 26-30

www.sdaoptometrists.org

If you haven't checked our NEW web site, you should do so. If have information you would like to see there let Dr. Benedict know at dhbenedict@yahoo.com.

**NEXT FRATERNEYESER
DEADLINE**

Information deadline for the next Fraterneyeser is **August 1, 2011**. Please send me your information by the deadline.

Duane Curtis, O.D. Editor
wrlcurtis@rtconnect.net

(Please detach and mail to Liz Muhlenbeck, 2014 Waldner Court, Crestwood, KY 40014 or email: lbmuhlenbeck@yahoo.com)

Pre-Registration

Name: _____

Address: _____

Email: _____

Anticipated Arrival Date: _____ Anticipated Departure Date:

Total Attending: _____ Number of Children: _____

____ Sign me up for Golf! (Sunday morning)

FRATERNESER

Association of SDA Optometrists
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